

Young Adult's Network Guidelines & Expectations

The Young Adult's Group is for everyone aged **18-30 years old** with a **diagnosis of SMA**

The group is on **WhatsApp**, and everyone who joins must register here: <https://smauk.org.uk/join-up> (please remember to tick the box)

Young Adults' WhatsApp Network (ages 18-30)

The group is to have two young adult facilitators/ moderators (**Jordanne and Maxwell**), they have **lived experience of SMA**, to provide support, advice and assistance through WhatsApp chats

One of SMA UK's Outreach Worker's is also going to be a part of the WhatsApp group, to assist Jordanne and Maxwell, and to help with any information shared or questions asked.

Once you have joined the WhatsApp group others in the Network will be able to see your **mobile number**

The WhatsApp group is going to offer **topics for discussion** at regular intervals (we'll ask for your suggestions too!)

The WhatsApp group can meet **virtually** every four months to offer a social space and opportunity to play games, share topics /questions, etc.

The intention of the group is for **free discussion**, all members should be respectful and kind to others in the group

If anyone is **observed** breaking the Network and Volunteering Guidelines ([Our Volunteering & Network Guidelines - Spinal Muscular Atrophy UK](#) (smauk.org.uk)) they may be asked to leave the group

If anyone in the group wants to **talk privately**, you can contact **Jordanne, Maxwell or Becci directly**. If information is shared that causes concern, we may reach out to you and/or your parents/guardian directly, following our safeguarding Policy <https://smauk.org.uk/safeguarding-adults>

Most of all this group should be an inclusive, safe space for everyone to chat, make new contacts and learn from one another's experiences!