



Sunday Agenda

8:30

Morning Pilates and stretch with Louise Kent (Bring a towel or a yoga mat!)

10:45

Access to education
Seminar Discussion

Exhibition Hall

Photography

Opportunity for friends and families to have group photos

Teens Corner

Opportunity to meet and have discussions with other teens from the SMA community

SMA UK support, Fundraising, Advocacy and Information.

Room 1

Gaming Hub

Room 3

10:45 - 11:30

Access to further education
Seminar Discussion
Exhibition Hall

Available until 13:00
TBC on the day

Arts & Crafts

Atrium

12:00

Partner organisations presentations

Exhibition Hall

Sports taster sessions and demonstrations

Wheelchair football
Boccia
Fencing

Teens Corner

Arts & Crafts

Atrium

SMA UK support, Fundraising, Advocacy and Information.

Room 1

Sex and relationships
Seminar Discussion
(Attendees must be 16+)

Gallery Suite 1&2

Lunch 13:00 - 14:00

14:00

Afternoon family fun
Face painting, Magician, Glitter Tattoos.
Exhibition Hall

Swimming all day, bookable through the hotel (for hotel residents only.)

David Ross Sports Village

Ongoing Activities

Quiet Space

Gallery Suite 3

Outdoor Exhibits

Outside

Whether permitting, this includes an opportunity for you to have a go at accessible cycling!

Motability Hub

Room 2

Horizon Mobility, Accessible Cyberdyne HAL exoskeleton robot suit & Tiny Trax.

Soft Play Room

Room 4

Soft play zone for children under 5 Years old. Children must be supervised at all times.

Community Stalls

Exhibition Hall

We're excited to have SMA Community entrepreneurs hosting stalls at the Big Weekend, sharing their businesses and skills with us all.

